



Hello Parents of Bushy Hill Day Campers,

Thank you for choosing Bushy Hill Day Camp as a safe place for your child to explore nature, learn, play and grow. At Bushy Hill our goal is to connect children of all ages to their natural world. We believe that through this connection your child will gain awareness and an understanding of him/herself and the world around him/her. The Bushy Hill Summer Day Camp staff and administration pride themselves on their excellent supervision and mentoring skills. All activities that occur during camp are well supervised, maintained, regulated by the State of Connecticut and meet or exceed American Camping Association accreditation standards.

In order that you fully understand and consent to the participation of your child in the full range of our program offerings, we ask you complete this form indicating which programs your child may or may not participate in while a camper at Bushy Hill Day Camp. If you have any questions about these activities, please let us know.

My Child(ren), \_\_\_\_\_

Please check appropriate box. Activities listed in order by minimum age requirement

Does have permission	Does not have permission	To participate in:
		<p><b>Nature Preserve (ages 5-18)</b> This is an off-site hike ¾ of a mile from camp. This is an opportunity for campers to explore stream ecology (a lifeguard is present) and ancient native peoples' cave dwellings.</p>
		<p><b>Low Ropes Course (ages 5-18)</b> A variety of elements/activities no more than 2-3 feet off the ground, designed to build a group's ability to work together in order to problem solve and achieve personal and group goals. Skills such as teamwork, leadership, respect, communication, and support are heavily emphasized throughout each task.</p>
		<p><b>Canoeing (ages 5-18)</b> This activity involves the use of our camp canoes. All campers and staff will wear a life jacket (PFD). There will be two lifeguards present, one in a boat and one on shore. Each age group will have specific rules:  <b>Ages 5-9</b> will have at least one staff member in the canoe with them at all times and are limited to the specified boating area of the lake.  <b>Ages 10-12</b> can use the canoe with or without a staff member in their boat. They are limited to the specific boating area of the lake.  <b>Ages 13-18</b> can use the canoe with or without a staff member in their boat. They may canoe throughout the entire lake as a <i>group</i> with at least two lifeguards in the group. No canoe will ever be more than 25 yards away from a lifeguard canoe at any time.</p>
		<p><b>Fire Safety (ages 5-18)</b> Campers will learn how to responsibly build and maintain a campfire. They will learn the terminology and components of a fire as well as safety guidelines. Level of involvement with the fire will be determined by age (younger campers will have less exposure and will only gather materials while teens will gather, build and maintain a fire).</p>
		<p><b>Water Slide (ages 7-18)</b> This is a 50' length slide with a drop of approximately 3' into the water at the end. This activity is open to campers who have attained the <b>red tag</b> swim level. Two lifeguards are stationed at the base of the slide and other staff member at the top to control the flow of campers.</p>
		<p><b>Overnight Experience (ages 7-18)</b> There will be qualified male and female staff members on duty at each overnight, equipped with a camp cell phone and first aid kit. There is also a licensed nurse on the premises and available 24/7. Specific details will be provided by your child's counselor.  <b>There is an additional fee for the overnight experience.</b>  <b>Ages 7-9</b> will sleep in the Activity Center (Gym). There will be s'mores by a</p>

		<p>campfire on the field and evening games. Tents are welcome. Breakfast served. <b>Ages 10-11</b> will sleep in the tipis, take a guided sunset hike and have s'mores by the campfire. Breakfast provided.</p> <p><b>Age 12 (oldest group)</b> will set up tents or sleep under the stars on the far side of the tipi pond. They will experience a guided night-hike and enjoy s'mores by the campfire. Breakfast provided.</p> <p><b>Bushy Mt</b> will select a site on our property to set up camp for the night, take a guided night hike, enjoy dinner and s'mores by the fire. Breakfast provided.</p> <p><b>Scout</b> will select a site on our property to set up camp using the skills learned throughout the session and previous sessions/years. Scout-specific activities will take place. Dinner and breakfast provided.</p>
		<p><b>Zip Line (ages 8-18)</b> This activity uses harnesses, carabiners, helmets, static and dynamic belays. While on dynamic belay, campers climb to the starting platform (approximately 30' off the ground) and are then transferred to static belay in order to proceed with the zip line. When campers come to a stop, they are approximately 8' off the ground and use a ladder to descend.</p>
		<p><b>Archery (ages 8-18)</b> This activity involves the use of a bow to shoot arrows at a target on a secure range. The staff instructor will be certified to teach by a nationally recognized archery authority.</p>
		<p><b>Small Rope Swing—(ages 10-18)</b> This is a rope hanging from a tree with a platform approximately 5' above the water. The depth of the water is greater than 15'. This activity is open to campers who have attained a <b>blue tag</b> swim level. Two lifeguards are present, one on the shore and one in the water</p>
		<p><b>Floating Water Activities—(ages 10-18)</b> These open water activities are anchored near the middle of our lake near our swimming areas in water that is greater than 15' deep. Some activities are inflatable and may require climbing. This activity is open to campers who have attained a <b>blue tag</b> swim level. Staff are positioned on the floating structure and at least two certified Lifeguards are at the base, one in the water and one in a boat.</p>
		<p><b>Cliff Jumping—(ages 10-18)</b> This activity consists of first swimming across the lake, while wearing a life jacket (PFD). Once there campers will need to climb a short, but steep trail to the cliff, approximately 8' above the water. The depth of the water is greater than 15'. Staff are stationed at the top of the cliff and at least two certified Lifeguards are at the base, one in the water and one in a boat. Campers must and attain the <b>blue tag</b> swimming level.</p>
		<p><b>Big Rope Swing –(ages 13-18)</b> This is a rope hanging from a tree with a platform approximately 10' above the water. The depth of the water is greater than 15'. This activity is open to teen campers who have attained a <b>blue tag</b> swim level. Two lifeguards are present, one on the shore and one in the water.</p>
		<p><b>High Ropes (ages 13-18)</b> This activity uses harnesses, carabiners, helmets, static and dynamic belays. While on dynamic belay, campers climb to the starting platform and then use a combination of static and dynamic belays to complete the elements. All elements are approximately 20' high. Campers descend on dynamic belay.</p>
		<p><b>Knife Safety (ages 13-18)</b> Each <b>Scout</b> camper will work with a knife during the entire session. Staff will teach and practice safety guidelines (danger zone, knife work, passing knives) with each camper before working on knife skills.</p> <p><b>Bushy Mountain</b> campers will have less usage of knives, but will have the same skills taught before using one.</p>

Printed: \_\_\_\_\_ Child(ren)'s name \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_